



Hempfield High School Family & Consumer Sciences Department

The Family & Consumer Sciences Curriculum is aligned to Pennsylvania State Family and Consumer Sciences Standards.
<https://www.education.pa.gov/K-12/Career%20and%20Technical%20Education/Resources/Teacher%20Resources/FamilyConsumerScience/Pages/AcademicStandards.aspx>

Hempfield School District
Family and Consumer Sciences
Mission Statement:

To prepare students with practical skills to successfully balance family, work and community life.

Required Course:

Fundamentals of Family & Consumer Sciences –

0.5 credit (Grade 9 Requirement for Graduation)

This course is a fulfillment of the PA FCS standards and PA Career and Work Standards. It is an introductory course focusing on the following units of study: Career Education, Food Science, Safety and Nutrition, Child development, Family Studies as well as Financial and Resource Management. The use of computerized Real Care Babies and Xello career and college software are components of the course.



Contact Information

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Courses you can elect to take to learn "real life" knowledge and skills at Hempfield High School



Culinary Courses:

Baking and Pastry Arts

1 credit (Grades 10-12)

This course is designed to teach the fundamental principles and the creative art of baking. Cake decorating, pies, pastry, yeast and quick breads are integral units of this course.



Global Cuisine

1 credit (Grades 10-12)

Experience American and International cuisine as you explore cultures and geography of various regions around the world. Learn to appreciate cultural diversity at mealtimes.

Culinary Arts

0.5 credit (Grades 9-12)

Culinary Arts is a basic cooking class that focuses on cooking techniques and skills as well as good consumer practices in the marketplace. Students will learn through demonstrations and laboratory experiences.



Healthy and Nutritious Cooking

0.5 credit (Grades 9-12)

This course provides students with knowledge about nutritious cooking techniques as well as healthy eating habits for all ages. Discover how to modify recipes without sacrificing flavor.

Nutrition for Life

0.5 Credit (Grades 9-12)

This course is for students interested in nutrition and wellness, improving athletic performance and/or general health & physical condition through a better understanding of optimum nutrition. While several foods labs are included, the focus of this course is academic.

Child Development Courses:

Child Development

1 credit (Grades 9 -12)

This course is designed for anyone who wants to learn about the developing child from prenatal to school age, especially students who want to be parents or work with children. This class is also offered online through Open Campus.

Preschool Child

1 credit (Grades 9-12)

This course offers an in-depth study of the development of 3–5-year-olds. Students will work in the child laboratory 2 days a week, by planning a mini-lesson and assisting with snack and play time.



Preschool Lab 1

1 credit (Grades 10-12) Prerequisite: Passed with a "C" in Preschool Child or Child Development, along with Teacher Recommendation.

This course is designed to help students understand preschool age children through direct interaction 3 days a week in the child laboratory. Each student is expected to serve in the capacity of a student teacher on a weekly basis.

Preschool Lab 2

1 credit (Grades 11-12) Prerequisite: Passed with a "C" in Preschool Lab 1 along with Teacher Recommendation.

This course is designed to help students understand the role of the teacher in a child laboratory. Preparing lessons, making observations and assessments are a part of this course. Each student is expected to serve in the capacity of a student teacher on a weekly basis.

Fashion and Design Courses:

Contemporary Fashion I

1 credit (Grades 9 -12)

This course is for the student who enjoys sewing and wants to develop basic sewing skills and techniques. This course is recommended for students interested in a career in textiles, fashion or interior design.

Contemporary Fashion 2

1 credit (Grades 9 -12) Prerequisite: Cont. Fashion I with a "B" final average.

This course is for the student who enjoys sewing and wants to develop advanced sewing skills and techniques. The study of individual fashion designers, wardrobe planning and clothing alterations are part of this course.



Contemporary Fashion Independent Study

1 credit (Grades 10 -12) Prerequisite: Cont. Fashion I and II with a "B" average.

This course is for the student who is an exemplary Contemporary Fashion student and wants to pursue a career in this field. Students must have proficiency in construction skills and be able to work independently.

Today's Housing and Interior Design

0.5 credit (Grades 9-12)

This course is designed to help students identify and develop individual housing styles and preferences, the elements and principles of design, furniture and architectural design. This class is recommended for students interested in a career in interior design.